

MEET THE GROWERS

Our farm is located in Lida Township
halfway between Pelican Rapids and Vergas.



The Growers: Sylvia, Maree, Willem, and Ryan Pesch

We learned the ropes of vegetable production when Ryan worked two years on an organic farm near Taylors Falls, MN. Afterwards, we grew near Stillwater and sold at the Northeast Minneapolis Farmers Market. Since landing in Otter Tail County five years ago, we have been members of the Lakes Area Farmers Market in Detroit Lakes, selling there each Saturday as well as at our roadside stand at the farm.



LIDA FARM

**SUSTAINABLY-RAISED
PRODUCE IN THE HEART
OF LAKES COUNTRY**

**DELIVERED FRESH FROM
OUR FARM...**



...TO YOUR DOORSTEP

Lida Farm CSA
Ryan and Maree Pesch

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WHAT IS A CSA?

CSA stands for **C**ommunity **S**upported **A**griculture. Members purchase a share of a farm's harvest and receive a delivery of produce each week throughout the season. Think of it as a subscription, but, instead of a magazine each week, you get vegetables.

Our produce season will run for 16 weeks from mid-June to mid-October.

WHY SHOULD I JOIN?

You get:

- **Healthy** and **natural** fruits, herbs, and vegetables
- Home-grown made **easy!** Delivery to your doorstep with no weeding required!
- **Fresh** picked at peak ripeness and delivered within hours instead of days
- Great **variety** throughout the entire growing season
- **Local** food that traveled cross-COUNTY instead of cross-COUNTRY

WHAT DO I GET EACH WEEK?

We strive to bring you as much variety as possible, concentrating on the staples but mixing in some specialties from heirloom tomatoes to Asian greens.

You will receive a bushel box of produce each week, which is enough to supply an average family of 4 or 2 big veggie eaters.

Variety changes throughout the season, which is half the fun. Below is a sampling:

Early-season: lettuce, radishes, spinach, green onions, broccoli, greens, peas, strawberries

Mid-season: tomatoes, basil, peppers, sweet corn, melons, cucumbers, garlic, beets, beans

Late-season: winter squash, storage onions,



One week's delivery from August 2007: beans, garlic, bell peppers, beets, carrots, cukes, sweet corn, potatoes, jalapenos, tomatoes, and kale.

HOW MUCH DOES A SHARE COST?

A Vegetable share for 16 weeks costs \$400 (\$25 per week). The price includes home delivery in the region between Pelican Rapids and Detroit Lakes, a weekly newsletter with a feature recipe, and an annual fall harvest party.



HOW DO I SIGN UP?

Contact us either at 218-342-2619 or lidafarmer@gmail.com. Half of the membership fee is due by April 1 to reserve your share. The remainder is due by mid-season.

We'd like to grow for you. Consider purchasing a share to our CSA for the 2009 season.